

## ABOUT US/

The National Organization for Men Against Sexism is an activist organization of men and women supporting positive changes for men. NOMAS advocates a perspective that is profeminist, gay-affirmative, anti-racist, and committed to justice on a broad range of social issues including class, age, religion, and physical abilities. We affirm that working to make this nation's ideals of equality for all people a reality is the finest expression of what it means to be men.

We believe that the new opportunities becoming available to women and men through the feminist movement will be beneficial to both. Men can become happier and more fulfilled human beings by challenging the old-fashioned roles of masculinity that embody the assumption of male superiority.

Traditional masculinity includes many positive characteristics in which we take pride and find strength, but it also contains qualities that have limited and harmed us. We are deeply supportive of men who are struggling with the issues of traditional masculinity. As an organization for changing men, we care about men and are especially concerned with men's problems, as well as the difficult issues in most men's lives.

**AS AN ORGANIZATION FOR CHANGING MEN, WE STRONGLY SUPPORT THE CONTINUING STRUGGLE OF WOMEN FOR FULL EQUALITY.**



## PRO-FEMINIST /

As an organization for changing men, we strongly support the continuing struggle of women for full equality. We applaud and support the insights and positive social changes that feminism has stimulated for both women and men. We oppose such injustices to women as economic and legal discrimination, rape, domestic violence, sexual harassment, and many others. Women and men can and do work together as allies to change the injustices that have so often made them see one another as enemies.

## GAY AFFIRMATIVE/

One of the strongest and deepest anxieties of many American men is their fear of homosexuality. This homophobia contributes directly to the many injustices experienced by gay, lesbian and bisexual persons, and is a debilitating restriction for many heterosexual men. We call for an end to all forms of discrimination based on sexual/affectional orientation, and for the creation of a gay affirmative society.

## ENHANCING MENS LIVES/

The traditional male role has steered many men into patterns of existence that include isolation from children, denial of feelings, lack of close relationships, competitiveness, aggressiveness, preoccupation with work and success. NOMAS believes that men can live happier, healthier and more fulfilling lives by challenging stereotypes and opting for a new masculinity -- one that embraces children, spouses and friends in a positive and holistic fashion.

For more information, please visit our Web site at [www.nomas.org](http://www.nomas.org)

## ANTI-RACIST/

The enduring injustice of racism, which, like sexism, has long divided humankind into unequal and iso-

lated groups, is of particular concern to us. Racism touches all of us and remains a primary source of inequality and oppression in our society. NOMAS is committed to examine and challenge racism in ourselves, our organizations, and our communities.

# HISTORY/

NOMAS advocates a perspective that is pro-feminist, gay affirmative, anti-racist, dedicated to enhancing men's lives, and committed to justice on a broad range of social issues including class, age, religion, and physical abilities. We affirm that working to make this nation's ideals of equality substantive is the finest expression of what it means to be men. We believe that the new opportunities becoming available to women and men will be beneficial to both. Men can live as happier and more fulfilled human beings by challenging the old-fashioned rules of masculinity that embody the assumption of male superiority. Traditional masculinity includes many positive characteristics in which we take pride and find strength, but it also contains qualities that have limited and harmed us. We are deeply supportive of men who are struggling with the issues of traditional masculinity. As an organization for changing men, we care about men and are especially concerned with men's problems, as well as the difficult issues in most men's lives.

**EVEN IF WE COULD NOT SEE ANY PRAGMATIC WAYS IN WHICH WE AS MEN COULD BENEFIT FROM AN END TO TRADITIONAL PATRIARCHY (AND WE CAN SEE MANY), MOST OF US WOULD STRONGLY SUPPORT WOMEN'S STRUGGLE, SIMPLY BECAUSE IT IS SO UNQUESTIONABLY JUST AND RIGHT.**



**NOMAS** | NATIONAL ORGANIZATION  
FOR MEN AGAINST SEXISM